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# COOPERATION TO CONFRONTATION: MAPPING THE INDO-PACIFIC'S ROLE IN THE GLOBAL BALANCE OF POWER Shumaila Abbas

Lecturer Political Science, in Government Associate College (W) Shahdara, Lahore https://orcid.org/0009-0009-1053-6363

Rana Usman Mansha

M.Phil. Scholar International Relations, Abasyn University, Peshawar,

Pakistan

https://orcid.org/0009-0000-4455-1750

Dr. Muhammad Naveed Ul Hasan Shah<sup>‡</sup>

Assistant Professor Political Science, Abasyn University, Peshawar https://orcid.org/0000-0001-7525-1769

# ABSTRACT

This research investigates the evolving political dynamics in the Indo-Pacific, analysing the region's shift from cooperation to confrontation and its effects on the global balance of power. Recent years have seen increased tension between major players, particularly the United States and China, transforming the Indo-Pacific into a focal point of strategic competition. Nations within the region, including India, Japan, and the members of ASEAN, find themselves navigating complex alliances and conflicting interests, all within a rapidly changing geopolitical environment. These shifts are fueled by both economic interests, such as trade and resource competition, and strategic considerations, including military presence and technological dominance. Using a theoretical framework grounded in international relations theories, this study identifies the underlying motivations and tactical decisions shaping policies in the Indo-Pacific, Historical context is explored to understand the evolution of regional power dynamics, followed by a comprehensive analysis of current economic and security factors that drive confrontation. Additionally, the study assesses the risks of escalation and the impact of regional instability on the broader international community.

The findings highlight not only the complexities of Indo-Pacific politics but also the potential pathways for future cooperation or further conflict. By mapping these dynamics, this research contributes to a deeper understanding of the Indo-Pacific's strategic role, offering insights into how both regional and global actors might respond to emerging challenges. Ultimately, the study underscores the Indo-Pacific's critical position within the twenty-first century's geopolitical landscape, where actions taken in this region are likely to reverberate worldwide. **Keywords:** Artificial Intelligence, Global Health, Pandemic Prevention, Social Networks, Genomic Data

## Introduction

The Indo-Pacific region, spanning from the east coast of Africa to the Pacific Island nations, has emerged as a crucial geopolitical arena in the twenty-first century, impacting not only regional stability but also the broader global order. Its strategic significance derives from its substantial economic resources, critical trade routes, and the presence of key regional powers with global influence. Over 60 percent of the world's population resides in this region, alongside some of the world's largest economies, including China, Japan, and India. These countries, along with the United States and ASEAN, each have distinct economic, political, and security interests, making the Indo-Pacific a dynamic yet often contested space (Singh, 2019).

Key players in the Indo-Pacific engage in complex interdependencies while competing for influence. The United States, for example, has traditionally maintained a strong military presence in the region, advocating for freedom of navigation and emphasizing alliances with Japan, Australia, and South Korea. Meanwhile, China's rising influence, exemplified by initiatives like the Belt and Road Initiative, challenges this status quo. China's economic and military growth has prompted the United States and its allies to reassess their strategies, balancing economic cooperation with security concerns (Green, 2019). India, with its strategic location and expanding military capabilities, plays an increasingly important role as a counterbalance to China, often aligning with the United States on security issues but retaining its strategic autonomy (Pant, 2020).

This research seeks to address how the shift from cooperation to confrontation among these actors shapes the broader Indo-Pacific geopolitical landscape. The primary research questions focus on understanding the motivations and strategic objectives of these nations, assessing how their interactions influence regional stability, and exploring the potential outcomes of increased confrontation. The objectives of this study are to analyze the underlying causes of these evolving dynamics, examine the implications for global power structures, and offer insights into possible future developments (Chung, 2023).

This study employs an international relations framework to interpret the competing interests and power shifts in the Indo-Pacific. With particular focus on realist and liberalist theories, the research considers the strategic calculations of states based on power, security, and economic gains. This framework will allow for an in-depth exploration of the motives driving state actions, identifying the factors that either promote cooperation or provoke confrontation. Furthermore, the study will draw on historical context and recent developments to offer a nuanced understanding of current Indo-Pacific dynamics, such as trade conflicts, military posturing, and alliance formations (Aoi, 2024).

As the region becomes increasingly polarized, with alliances like the Quadrilateral Security Dialogue (Quad) gaining traction, there is a pressing need to understand the implications for both regional and global stability. The growing tensions between the United States and China, combined with India's strategic interests and ASEAN's balancing role, suggest that the Indo-Pacific will remain at the heart of geopolitical competition in the coming years. Consequently, this research aims to provide a comprehensive analysis of how these shifts impact not only regional security and economic stability but also the wider international system. By mapping the transition from cooperation to confrontation, this study offers insights into the potential pathways that may define the future of the Indo-Pacific and its role within the global power structure.

## Problem Statement

The Indo-Pacific region is increasingly characterized by a complex interplay of shifting alliances, fierce competition for resources, and significant maritime security challenges, all of which threaten regional stability and economic growth. The rise of major powers, particularly the United States and China, has intensified these dynamics, leading to confrontations that not only impact the regional actors but also have far-reaching implications for global security.

Shifting alliances have created a landscape where traditional partnerships are reassessed in light of new strategic realities. Countries within the region, such as India, Japan, and various ASEAN nations, find themselves caught in a delicate balancing act, trying to align with major powers while maintaining their own sovereignty and national interests. This situation is exacerbated by intense competition over valuable resources, particularly in contested maritime zones like the South China Sea. The drive to secure these resources often leads to aggressive posturing and military maneuvers, heightening tensions among states.

Additionally, maritime security issues have become paramount, with increasing military presence and territorial claims posing risks to freedom of navigation, which is essential for regional trade and economic stability. The confrontations among major powers can destabilize established norms of cooperation, forcing smaller nations to navigate a precarious landscape where their security is threatened by great power rivalries.

In summary, the central challenges facing the Indo-Pacific revolve around the consequences of confrontations between major powers, impacting regional stability, economic growth, and security. This research aims to explore these issues comprehensively, identifying the underlying factors driving these dynamics and the potential pathways toward either conflict resolution or further escalation.

## **Theoretical Framework**

In analyzing the shifting dynamics of power within the Indo-Pacific region, realism emerges as the most applicable theoretical framework. Realism focuses on the competitive and conflictual aspects of international relations, emphasizing the role of state power and national interests as the primary drivers of international behavior (Mearsheimer, 2010). This perspective is particularly relevant to the Indo-Pacific, where major powers like the United States and China engage in strategic rivalries that shape the region's geopolitical landscape. Realism posits that the international system is anarchic, meaning that no overarching authority exists to enforce rules or norms. States, therefore, act in their own self-interest, primarily seeking to ensure their survival and maintain their power relative to others (Walt, 1997). In the context of the Indo-Pacific, this is evident as countries pursue military and economic capabilities to enhance their security and influence. For instance, China's assertive claims over the South China Sea and the United States' commitment to freedom of navigation reflect the realist notion of power competition. Moreover, realism accounts for the emergence of shifting alliances as states seek to balance against perceived threats. In the Indo-Pacific, this has led to new strategic partnerships, such as the Quad alliance between the United States, India, Japan, and Australia, aimed at countering China's growing influence. The realist framework allows for an understanding of how these alliances form not out of idealistic cooperation but from the necessity of states to enhance their security in an uncertain environment.

The choice of realism as the theoretical lens for this research is justified by the current realities of the Indo-Pacific, where national interests and security concerns dominate the discourse. By employing realism, the study can effectively analyze the motivations driving state behavior, the implications of military and economic competition, and the potential consequences of confrontation on regional stability. This framework provides a robust basis for understanding the transition from cooperation to confrontation, highlighting the enduring nature of power politics in shaping the Indo-Pacific's geopolitical landscape.

## Historical Context: Evolution of Power Dynamics in the Indo-Pacific

The power dynamics in the Indo-Pacific have evolved significantly over the last several decades, shaped by historical developments that influence current alliances and tensions. Following World War II, the United States emerged as a dominant force in the region, establishing security alliances with countries such as Japan and South Korea. These alliances were part of a broader strategy to contain the spread of communism during the Cold War, fostering a climate of cooperation aimed at promoting stability and economic growth (Haraguchi, 2016). The post-war period also saw the establishment of regional organizations like ASEAN, which aimed to promote dialogue and cooperation among Southeast Asian nations.

However, the end of the Cold War marked a turning point in the Indo-Pacific's geopolitical landscape. The rise of China as a major economic and military power has introduced new dynamics, leading to increased competition and tensions. China's assertive actions in the South China Sea, including the militarization of artificial islands and aggressive territorial claims, have raised alarm among its neighbors and the United States, who view these actions as direct challenges to the established order (Koga, 2022). The shift from a cooperative framework to one characterized by confrontation can be attributed to several factors, including nationalism, resource competition, and the desire for greater regional influence.

Moreover, the changing global order has led to a revaluation of alliances and partnerships within the Indo-Pacific. Countries such as India and Japan are increasingly pursuing strategic partnerships to counterbalance China's influence, resulting in new coalitions like the Quad, which aims to enhance security cooperation among the United States, India, Japan, and Australia (Acharya & Mishra, 2018). This evolution reflects a broader trend toward multipolarity, where multiple nations seek to assert their influence and security in response to rising powers.

In summary, the historical developments that have shaped the Indo-Pacific's power dynamics reveal a complex interplay of cooperation and confrontation. The region's past cooperative frameworks, initially established to promote stability, have been challenged by rising tensions, driven by national interests and strategic competition among major powers. Understanding this historical context is essential for analyzing the current state of affairs and the potential pathways for future interactions in the Indo-Pacific.

## Economic and Strategic Interests in the Indo-Pacific

The Indo-Pacific region has emerged as a focal point in global geopolitics, driven by its strategic significance and economic potential. This section analyzes key economic factors such as trade routes, resource competition, and regional development initiatives, while also providing an overview of the strategic interests that drive policies and alliances, including security, technological competition, and military presence.

## **Trade Routes**

The Indo-Pacific is home to some of the world's busiest and most vital trade routes, including the South China Sea, the Malacca Strait, and the Indian Ocean. Approximately one-third of global maritime trade passes through these waterways, making them crucial for international commerce. The region's trade routes facilitate the movement of goods, energy supplies, and raw materials, underscoring their economic importance (Rodrigo, 2021). The South China Sea, in particular, is a hotspot for trade and a point of contention among regional powers. It is estimated that around \$5 trillion worth of trade transits through this maritime corridor annually (Chaziza, 2020). The strategic significance of these trade routes has led countries to assert their claims and enhance their military presence to safeguard their interests. For instance, China's ambitious Belt and Road Initiative (BRI) seeks to expand its influence over key maritime routes by investing in infrastructure projects throughout Southeast Asia and beyond (Huang, 2020). This initiative not only aims to enhance trade connectivity but also to secure China's access to vital resources.

#### **Resource Competition**

Competition over resources is another significant economic factor influencing the Indo-Pacific's dynamics. The region is rich in natural resources, including fisheries, oil, and natural gas reserves. For example, the South China Sea is believed to hold substantial hydrocarbon reserves, estimated at around 11 billion barrels of oil and 190 trillion cubic feet of natural gas (Zoller, 2019). The potential for resource extraction has intensified disputes among neighboring countries, leading to confrontations and diplomatic tensions.

Fishing rights are also a contentious issue in the Indo-Pacific. The depletion of fish stocks due to overfishing and illegal fishing practices has prompted countries to assert their claims over maritime territories, leading to conflicts between fishing fleets from different nations. This competition over fisheries not only affects food security but also has broader implications for regional stability (Srivastava, 2023). Regional development initiatives further illustrate the economic interests at play in the Indo-Pacific. Countries like Japan and India have launched their own initiatives to enhance connectivity and promote economic development in Southeast Asia. Japan's Free and Open Indo-Pacific Strategy aims to foster economic cooperation and infrastructure development in the region while countering China's influence (Satake, 2019). Similarly, India's Act East Policy seeks to strengthen economic ties with Southeast Asian nations and enhance its role as a regional leader.

## Strategic Interests

## Security

Security concerns are a primary driver of policies and alliances in the Indo-Pacific. The region faces various security challenges, including territorial disputes, piracy, and the threat of terrorism. The rise of China and its assertive actions in the South China Sea have heightened fears of potential conflict, prompting regional powers to bolster their security partnerships. The United States has maintained a strong military presence in the Indo-Pacific as part of its strategy to counterbalance China's growing influence. The U.S. engages in joint military exercises with

regional allies such as Japan, South Korea, and Australia to enhance interoperability and demonstrate its commitment to regional security (Tow, 2020). Furthermore, the U.S. has strengthened its alliances with countries like India, recognizing its role as a key player in maintaining stability in the region. Regional organizations such as ASEAN also play a crucial role in addressing security challenges. ASEAN has sought to promote dialogue and cooperation among its member states to address issues such as the South China Sea disputes and nontraditional security threats. The ASEAN Regional Forum (ARF) provides a platform for dialogue among key stakeholders, facilitating discussions on security matters (Emmers & Tan, 2009).

#### **Technological Competition**

Technological competition is increasingly becoming a defining feature of the Indo-Pacific's strategic landscape. The race for technological supremacy, particularly in areas such as artificial intelligence, cybersecurity, and telecommunications, has significant implications for national security and economic growth. Countries are investing heavily in research and development to gain a competitive edge in these emerging technologies. The United States and China are at the forefront of this technological race. The U.S. has expressed concerns over China's technological advancements, particularly in the fields of telecommunications and artificial intelligence, fearing that these developments could compromise national security (Lindsay, 2014). The ban on Huawei's participation in 5G networks in several countries illustrates the growing apprehension regarding Chinese technology companies.

India, too, is striving to enhance its technological capabilities and reduce its dependence on foreign technologies. Initiatives such as "Make in India" aim to promote domestic manufacturing and innovation in key sectors, including defence and information technology (Raj, 2015). As countries compete for technological dominance, alliances are formed based on shared interests in developing secure and advanced technologies.

## Military Presence

The military presence of major powers in the Indo-Pacific is a critical aspect of the region's strategic interests. The U.S. maintains a robust military footprint, with bases in Japan, South Korea, and Guam, providing a deterrent against potential aggressors. This military presence allows the U.S. to project power and respond quickly to emerging threats in the region. China has also expanded its military capabilities and presence in the Indo-Pacific, investing in naval modernization and establishing military bases in the South China Sea. The construction of artificial islands equipped with military infrastructure has raised concerns among regional players, as it signifies China's intent to assert its territorial claims and expand its influence (Dutta, 2005).

In response to these developments, countries like Japan and Australia have taken steps to enhance their defense capabilities and increase their military cooperation with the U.S. The signing of the Australia-United Kingdom-United States (AUKUS) agreement underscores the importance of trilateral security partnerships in addressing the challenges posed by an increasingly assertive China (Chapman, 2022).

The economic and strategic interests in the Indo-Pacific region are deeply intertwined, reflecting a complex interplay of factors that shape the behaviour of regional actors. Trade routes serve as vital conduits for global commerce, while competition for resources exacerbates tensions among nations. At the same time, security concerns drive policies and alliances, with countries striving to safeguard their interests in a rapidly changing geopolitical landscape. Technological competition and military presence further complicate the dynamics, as states seek to assert their influence and maintain stability in the region. Understanding these economic and strategic interests is crucial for analyzing the future trajectory of the Indo-Pacific. As regional players navigate the challenges and opportunities presented by this dynamic environment, the potential for both cooperation and confrontation remains a critical consideration for policymakers and scholars alike. Addressing these complexities will require a nuanced understanding of the interplay between economic aspirations and security imperatives, ultimately shaping the Indo-Pacific's role in the global order.

## **Regional Security Challenges and the Escalation of Conflict**

The Indo-Pacific region is characterized by a complex web of security challenges that have significant implications for regional stability and international relations. Territorial disputes, military build-ups, and the role of international law are central issues that define the security landscape in this area. This section explores these challenges in detail, highlighting key incidents that have escalated tensions and affected diplomatic relations among major powers.

## **Territorial Disputes**

One of the most pressing security challenges in the Indo-Pacific is the multitude of territorial disputes, particularly in the South China Sea and the East China Sea. These disputes involve overlapping claims from various nations, including China, Vietnam, the Philippines, Malaysia, Brunei, and Taiwan. The South China Sea, a critical maritime route for global trade, is estimated to hold significant hydrocarbon resources and fisheries, making it a focal point of contention.

## South China Sea

China's extensive claims over the South China Sea, marked by the so-called "Nine-Dash Line," have led to confrontations with its neighbors and have raised concerns among regional and extra-regional powers, especially the United States. The situation escalated dramatically in 2012 with the Scarborough Shoal standoff between China and the Philippines, where Chinese vessels prevented Philippine ships from accessing the area (Massey, 2022). This incident exemplifies China's assertive approach to its territorial claims and its willingness to employ coercive tactics to assert its interests. The establishment of artificial islands by China in the Spratly archipelago has further exacerbated tensions. These islands have been militarized, hosting airstrips and military installations that enhance China's ability to project power in the region. The construction of these facilities has drawn sharp criticism from other claimants and the international community, leading to increased military presence by the United States and its allies in response.

## East China Sea

In addition to the South China Sea, the East China Sea also witnesses significant territorial disputes, particularly between China and Japan over the Senkaku Islands (Diaoyu Islands in China). These uninhabited islands have been a source of contention for decades. The situation became increasingly volatile in 2012 when Japan nationalized the islands, leading to widespread anti-Japanese protests in

China (Fox, 2016). The disputes have not only strained bilateral relations but have also heightened military confrontations in the region.

Both China and Japan have increased their military activities around the disputed islands, leading to a series of confrontations involving naval vessels and aircraft. The Japanese Coast Guard frequently encounters Chinese fishing boats in these waters, raising fears of accidental clashes that could spiral into larger conflicts. The escalation of military posturing and rhetoric between the two nations underscores the potential for miscalculations that could lead to a broader confrontation.

#### Military Build-Ups

The militarization of the Indo-Pacific region is another significant factor contributing to regional insecurity. The rise of China as a military power has prompted neighbouring countries to enhance their defence capabilities, leading to an arms race in the region. This military build-up is characterized by increased defence spending, the acquisition of advanced military technologies, and the expansion of naval forces.

## China's Military Modernization

China's military modernization has been a focal point of concern for regional powers. The People's Liberation Army (PLA) has significantly enhanced its capabilities, focusing on naval power projection, missile development, and cyber warfare capabilities. The expansion of the Chinese Navy, including the construction of aircraft carriers and advanced submarines, has shifted the balance of power in the region and raised alarms among neighbouring countries and the United States (Beckley, 2017).

The Chinese government has justified its military buildup by emphasizing national security threats and the need to protect its territorial claims. This narrative has resonated with the domestic audience, allowing the government to bolster its defence spending while suppressing dissent regarding regional aggression. However, this narrative often disregards the concerns of neighbouring countries, which view China's military expansion as a direct threat to their sovereignty and security.

## **Response from Regional Powers**

In response to China's military buildup, countries in the region have sought to bolster their own defence capabilities. Japan, under its recent defence policies, has increased military spending and expanded its Self-Defence Forces' role in regional security. Japan's National Security Strategy emphasizes a more proactive stance in addressing security challenges, including enhanced cooperation with allies like the United States and Australia.

Similarly, India has also increased its military presence in the Indo-Pacific, particularly through the expansion of its naval capabilities. The Indian Navy has increased its operations in the Indian Ocean and the South China Sea, aiming to counterbalance China's growing influence in the region (Weimar, 2013). The emphasis on developing indigenous defence capabilities reflects India's commitment to maintaining its sovereignty and regional interests amid escalating tensions.

## Role of International Law

International law plays a crucial role in addressing territorial disputes and regulating state behaviour in the Indo-Pacific. The United Nations Convention on the Law of the Sea (UNCLOS) serves as the legal framework governing maritime

disputes, providing guidelines for territorial claims and resource exploitation. However, the implementation and enforcement of international law in the region remain contentious.

#### **UNCLOS and Dispute Resolution**

While UNCLOS provides a legal basis for resolving territorial disputes, adherence to international law varies among states. China's rejection of the Permanent Court of Arbitration's ruling in 2016, which invalidated its claims in the South China Sea, exemplifies the challenges of enforcing international law. The ruling was viewed as a significant victory for the Philippines and other Southeast Asian nations but was met with defiance from China, which asserted that it would not recognize the tribunal's authority (French, 2017).

This situation raises questions about the effectiveness of international law in resolving disputes in the Indo-Pacific. Countries like Vietnam and the Philippines have sought to rely on international legal mechanisms to bolster their claims, but the lack of enforcement mechanisms undermines the credibility of these efforts. Consequently, regional powers often resort to military or diplomatic means to assert their claims, perpetuating cycles of conflict and escalation.

#### Incidents that Escalated Tensions

Several incidents have escalated tensions in the Indo-Pacific, highlighting the fragile nature of regional security. These incidents demonstrate the potential for miscalculations and misunderstandings among major powers.

#### The USS Freedom Incident

One significant incident occurred in 2012 when the USS Freedom, a U.S. Navy littoral combat ship, conducted a routine patrol in the South China Sea. This move was met with strong protests from China, which viewed it as a violation of its sovereignty. The incident underscored the increasing naval presence of the U.S. in the region and China's sensitivity to foreign military activities near its claimed territories (Fanell, 2019).

The fallout from this incident contributed to heightened tensions, as China increased its military activities in the region, asserting its claims more aggressively. The U.S. responded by reinforcing its commitment to freedom of navigation and conducting more frequent naval patrols, leading to a dangerous cycle of escalation. **The Taiwan Strait Crisis** 

The Taiwan Strait remains a flashpoint for potential conflict, with China viewing Taiwan as a breakaway province. The Taiwan Strait Crisis of 1995-1996 serves as a historical example of how tensions can escalate rapidly. In response to U.S. arms sales to Taiwan, China conducted a series of missile tests and military exercises near the island, prompting the U.S. to deploy aircraft carriers to the region (Doyle, 2019). The crisis highlighted the potential for miscalculation and the risk of military confrontation between China and the United States, emphasizing the need for careful diplomacy and communication to manage tensions.

#### Conclusion

The Indo-Pacific region faces a myriad of security challenges characterized by territorial disputes, military build-ups, and the role of international law. The escalation of tensions arising from these issues poses significant risks to regional stability and diplomatic relations among major powers. The territorial disputes in the South China Sea and East China Sea exemplify the intricate nature of sovereignty claims, while the militarization of the region has prompted

neighboring countries to enhance their defense capabilities in response to perceived threats.

The role of international law, particularly UNCLOS, remains crucial in addressing these challenges. However, the inconsistent adherence to legal frameworks and the lack of enforcement mechanisms complicate efforts to resolve disputes peacefully. Incidents that have escalated tensions highlight the fragile nature of regional security and the potential for miscalculations among states.

Addressing these challenges requires a multifaceted approach that emphasizes diplomacy, dialogue, and cooperation among regional powers. While the complexities of the Indo-Pacific security landscape present formidable obstacles, fostering a culture of engagement and mutual respect can pave the way for a more stable and secure future in the region.

The research highlights the Indo-Pacific's pivotal role in shaping the global balance of power, marked by complex interactions among regional and international actors. The findings underscore the region's strategic significance, characterized by a delicate interplay of cooperation and confrontation among key players such as the United States, China, India, Japan, and ASEAN nations. The analysis reveals that while economic interdependence fosters opportunities for collaboration, entrenched territorial disputes and military buildups pose substantial risks to regional stability.

Reflecting on potential future scenarios, the Indo-Pacific could experience varying trajectories. On one hand, enhanced diplomatic efforts and multilateral initiatives could pave the way for increased cooperation among nations, focusing on shared interests such as trade, security, and climate change. Platforms like ASEAN and the Quad provide frameworks for dialogue and collective action, which could mitigate tensions and foster a sense of regional community.

Conversely, the risks of further confrontation remain significant. Escalating military postures, aggressive territorial claims, and competition for resources may lead to misunderstandings and miscalculations among major powers. The potential for localized conflicts, particularly in the South China Sea and the Taiwan Strait, could destabilize not only the Indo-Pacific but also have far-reaching consequences for global security.

The implications for policymakers are profound. Regional and global actors must prioritize dialogue and confidence-building measures to reduce the risk of escalation. Emphasizing a rules-based international order and adherence to international law will be crucial in addressing disputes peacefully. Additionally, fostering economic partnerships that promote mutual benefits can help mitigate the drivers of conflict.

In conclusion, the Indo-Pacific's role in the global balance of power is multifaceted and dynamic. The path forward will require careful navigation of the complex geopolitical landscape, balancing the need for security with opportunities for cooperation. By fostering understanding and collaboration, regional and global actors can work towards a stable and prosperous Indo-Pacific, ultimately contributing to a more harmonious international order..

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